





# VETUNI pro 21. století: Rozvoj VETUNI v oblasti digitalizace činností, profesionálního vzdělávání a flexibilních forem vzdělávání

Projekt NPO registrační číslo NPO\_VETUNI\_MSMT-16594/2022

Specifický cíl A3: Tvorba nových profesně zaměřených studijních programů

Studijní program:
Veterinární asistence
Návaznost na výstup:
□ č.1 □ č.2 □ č.3 □ č.5 ⋈ č.6 □ č.7 □ č.8 □ č.10
Předmět: (zkratka a název dle studijního plánu)
V2AJ2 Anglický jazyk II
Typ výstupu: (konkretizovat, např. přednáška, návod na praktické cvičení aj.)
Studijní opory pro praktickou výuku
Autor výstupu:
Silvie Schüllerová







# English II (V2AJ2) Week 1 Veterinary assistance



## **Background information**



Course coordinator and tutor:

Mgr. Sílvíe Schüllerová, Ph.D.

- Summer term 14 weeks
- Tutorial 2hrs/W
- 3-credit compulsory course
- Course completion: meeting all requirements







## Course objectives



- to familiarize students with basic and necessary terminology in the field of veterinary medicine — mainly anatomy, physiology, pathology of domesticated and wild animals and treatment and prevention of diseases
- to acquire and expand especially professional lexical-grammatical knowledge, and receptive and productive communication skills for effective communication with a client or a specialist in the field





## **Prerequisites**



- initial knowledge of English equivalent to B1/B2 level of the Common European Framework of Reference for Languages (CEFR) for foreign languages is recommended
- check at: Council of Europe website
- https://www.coe.int/en/web/commoneuropean-framework-referencelanguages/level-descriptions





## Competences acquired



- completion of the course will help you:
- to communicate primarily in the professional and vocational field
- to apply for possible internships or study stays abroad or to find professional employment in national and international companies and institutions





## Requirements on student to earn the credits



- perfect attendance (100%) at tutorials; rescheduling shall be held at times and in a manner determined by the tutor by prior arrangement; any absence must be excused in time and properly (a doctor's note, etc.)
- in the event of distance learning being mandated, the requirements will be specified and adjusted according to the currently applicable measures





## Requirements on student to earn the credits



- theoretical knowledge and practical skills are verified orally or in writing at the beginning of each tutorial
- independent preparation and delivery of a PPT presentation on a topic selected from the syllabus
- comprehensive assessment of theoretical and practical language knowledge and skills acquired during the study of the course





## Requirements on student to earn the credits



- 1. credit test
- a final written test verifying the theoretical and practical knowledge and skills acquired during the study of the course, supplemented by an oral interview where appropriate
- 2. exam
- oral examination, mainly testing practical language skills and competence in the professional language





## **Syllabus**



- 1) History taking and medical records
- 2) Physical exams (body system abnormalities)
- 3) Exam room procedures (recognizing ectoparasites, nail trimming, ear cleaning, bathing animals)
- 4) Pharmacology (drug groups)
- 5) Pharmacology (dosage forms)
- 6) Pharmacology (administration routes)
- 7) Vaccination (vaccine administration routes)







## **Syllabus**



- 8) Animal nursing and assisting (temperature, pulse, respiration, and pain assessment)
- 9) Surgical assisting (instruments)
- 10) Surgical assisting (preparing the patient)
- 11) Radiology (safety measures and guidelines; labelling, filing, and storage of radiographs)
- 12) Euthanasia and pet loss
- 13) Client management essential skills for the veterinary assistant
- 14) Final testing and assessment







## PPT presentation - requirements



- Syllabus topic allocated to the student by the tutor
- Sent to the tutor via e-mail at least 3 days in advance
- Length: 10-15 minutes
- Learn and present it by heart
- Don't read your notes out to your audience! Otherwise you suggest to your audience that you don't know your message well enough and/or that you do not respect your audience because you have not taken the required time to adequately prepare.





## PPT presentation - tips



- Timely and thorough preparation
- Collect and collate all the information (course materials, web, experience, etc.) including visual aids (images, graphs, video, etc.)
- Know the subject thoroughly
- Anticipate any questions that could be asked and prepare possible responses







## PPT presentation - tips



- Structure your presentation in a clear and concise way
- Time your presentation to make sure it will fit into the timeslot
- Write down the key points /bullet points avoid full sentences
- Rehearse the talk as much as you can (have a dry-run)
- The more familiar you become with the topic the more comfortable and self-confident you will feel









# Thank you for your attention













1. History to	king and	' medical	records
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#### **VITAL SIGNS – DETERMINATION AND RECORDING**

The five vital signs assessed in each patient are temperature, pulse, respiration, pain and nutrition.

#### **T**EMPERATURE

## > Task 1. Word formation

The only (rely) way to tell if your pet has an (normal) high or low body
temperature is to take its temperature with a thermometer. There are two popular types of
thermometers: digital and rectal. Digital thermometers are placed in the ear canal and rectal
thermometers are inserted, as the name (suggestion), into the rectum. They also
have an easy-to-read (numeral) display in degrees Fahrenheit or Celsius. In Europe,
the temperature is (usual) measured in degrees Celsius or degrees (grade)
(abbreviated °C), in the United States degrees Fahrenheit (abbreviated °F) are more common.
No matter what thermometer you use, (take) your pet's temperature can be a task
for two people. One person can hug the pet and (provision) comfort and restraint
(simultaneous), the other can take the temperature. If (take) your animal's
temperature is hard, do not risk (injure) to the animal or (you) and have
(train) professionals (accurate) and (safe) check the temperature
in your (vet) hospital.

Task 2. Read the instructions for temperature measuring and decide whether they describe the aural (AT) or rectal technique (RT). Then give the instructions in the order of doing. (1-5)

Aural Technique	Rectal Technique









type of thermometer:	type of thermometer:

- 1. digital thermometer / mercury or digital thermometer
- 2. Hold the thermometer at the end to stabilize it and make it easier to insert.
- 3. If the animal resists, do not forcefully insert the device into the ear canal as the infected ear is painful and the thermometer insertion is painful.
- 4. Insert the thermometer gently into the horizontal ear canal by holding it at a 90° angle with the pet's head.
- 5. Leave the thermometer in place in the ear for the recommended time until the device beeps when the temperature is ready to be read.
- 6. Leave the thermometer in place in the rectum for the recommended time.
- 7. Lubricate the tip with petroleum jelly to ease insertion.
- 8. Shake down the thermometer.
- 9. Should the animal clamp the anal sphincter, do not force the thermometer into the rectum to avoid injury and pain to the animal.
- 10. There is no need to lubricate the thermometer before inserting it into the ear canal.
- 11. Turn the thermometer on and allow it to calibrate.

#### **PULSE AND RESPIRATION**

Task 3. Gap fill. Fill in the gaps with the words below.

а	are	by	felt
abbreviated	be	counts	femoral
accurate	breaths	exhalations	for









interchangeably	placing	stethoscope	unlike
measurements	respiratory	summed	where
most	resulting	thoracic	
per	some	unit	

The pulse is the beating of the heart, which is through the walls of the artery. Pulse
and heart rate are often used when describing vital signs. However, the two
differ in that heart rate is the number of heartbeats per of time, while the
pulse is the shock wave that is produced with each beat. In cases, heart
rate and heart rate should the same in healthy animals. The heart rate is measured
by one or two fingers on the artery you can feel the pulse. Each pulse
as one beat. Pulse or heart rate measurements should be recorded as beats per
minute, as bpm (e.g. 160 to 200 bpm new-born puppies and 60 to 140
bpm for adult dogs). There some major arteries and veins in which pulse
can be detected in a dog or cat; nevertheless, the artery is most often used for this
purpose pulse rate, heart rate is detected listening to the chest with a
and counting the heart rate of each heartbeat. Similar to pulse rate, heart rate is
recorded as the number of beats per minute.
Respiration rate is the number of an animal will take per unit of time. Like heart rate
and pulse rate, rate is per minute and recorded as breaths
minute. The number of breaths can be monitored by observing the animal inhaling or
exhaling, but breaths may be missed and therefore a more method of
recording the number of inhalations and is to use a stethoscope placed on the
cavity

> Task 4. Here are some sample questions to ask pet owners to determine what the owner's chief complaint is about the pet's health. Translate them into English.

Jak dlouho je zvíře nemocné?









Projevilo se zvracení nebo průjem?

Jakou má zvíře chuť k jídlu a spotřebu vody (zvýšila se nebo snížila)?

Jsou v domě nějaká další zvířata? Vykazují známky nemoci?

Snědlo zvíře něco neobvyklého?

Objevil se u zvířete kašel nebo kýchání?

Jsou zvířata aktuálně očkována?

Vykazovalo zvíře tyto příznaky již v minulosti?

Jakou dietu zvíře v současné době dostává?

Cestovalo zvíře v poslední době?

Prodělalo zvíře v posledních x měsících operaci?

Užívá zvíře v současné době nějaké léky?

#### VIDEO. THE IMPORTANCE OF HISTORY TAKING<sup>1</sup>

Task 5. Read the text and choose the correct word. Then check your answers with the video.

When you're history taking it is important to *hide/guide* the questions so that will aid in the diagnosis. So, for example, if you have been you know changing the antifreeze in your *car/scar* and you left it *lying/laying* around and then your dog you noticed is looking *allergic/lethargic*, maybe vomited, depressed there's a definite *chance/change* in behaviour, then you may not associate that with you left the antifreeze outside. But when you come to the veterinarian, you need to *sort/sword* of think about what could ... I did change my antifreeze yesterday, you know and potentially the veterinarian will ask the question and that's *art/part* of taking the history. So, you need to think about all of these things that may *happen/take* in so if you are in a place where you know antifreeze is something that's used then you need to ask that



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<sup>&</sup>lt;sup>1</sup> https://www.youtube.com/watch?v=sR1aCyZPPE4





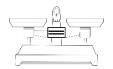


question because an *owner/oven* may just not even think that that was important. And even with a cat because all they have to do is put their *paw/pour* on a place where antifreeze is and then they *groom/growth* and that might be enough to *cause/coarse* initiation of kidney injury. You know, do they have *chillies/lilies* in the house that the cat could have started *chomping/jumping* on, you know that sort of thing. In the fall period where there's been some *damned/damp weather/whether*, especially *actually/factually* in towns where there's a *baboon/raccoon* population then leptospirosis can be a problem and if they aren't vaccinated for it, that's a question that you should ask.

> Task 6. Look at the pictures and speak about the medical tools (description, the way we use them and their purpose).

















2. Phy	rsical	exams	(body	system	abnorma	lities)
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# > Task 1. Open cloze. Fill in the gaps with a suitable word. Sometimes more than one correct answer exists.

The primary observation the animal's physical condition entails measuring the
animal's weight, assessing general appearance, condition (determines whether the
patient is overweight or underweight), mentation (distinguished appropriate
interactions with and reactions to external stimuli), posture and gait. A patient with
normal mentation maydescribed as bright, alert, and responsive (BAR) or calm, alert,
and (QAR). A patient withmentation may be described by a range of
adjectives fromaffected to most affected: depressed, obese, numb, comatose or
moribund (close to). Posture and gait pertain to the animal's standing and walking
ability. Monitor the animal as the owner brings it into the examination Note any
limping, coordination, uncertainty and abnormal movements and position of the
limbs. During the physical examination, you may notice that the patient is experiencing pain
in a particular area of the body. Ideally, the severity of the pain be assessed. The
should be informed of any abnormalities discovered the initial physical
examination. During the physical, you can observe a patient complaining of pain in a
specific body part. You would be to assess how severe the pain is in an ideal situation.
However, cats can be difficult to examine they usually hide signs of discomfort and
sickness.

### > Task 2. Find the words in the text above that mean.

 involve (something) as a necessary or inevitable part
 being very thin
 mental activity
 highly unpleasant physical sensation caused by illness or injury









 unconscious and not able to wake up, usually because of illness or injury
 physically unable to feel, not having the power of sensation
 in the state of feeling very unhappy and without hope for the future

#### **BODY SYSTEM ABNORMALITIES**

> Task 3. Look at the chart and match the names of body system parts and the associated abnormalities. Then add the Czech translation.

BODY PARTS	ABNORMALITIES (ENGLISH)	ABNORMALITIES (CZECH)
EYES		
EARS		
NOSE		
MOUTH		
SKIN		
LEGS		
THORAX		
ABDOMEN		
UROGENITAL		

- A. discharge (one or both nares)
- B. discharge, debris, odour
- C. discharge, swelling, masses or growths
- D. distension, painful when palpated
- E. growths or masses, wounds, hair loss, pustules, parasites, discharge from mammary glands
- F. gum colour, growths, tartar, gingivitis, broken or missing teeth
- G. inflammation, discharge, uneven pupils, cloudiness of corneas
- H. laboured breathing, wheezing, coughing



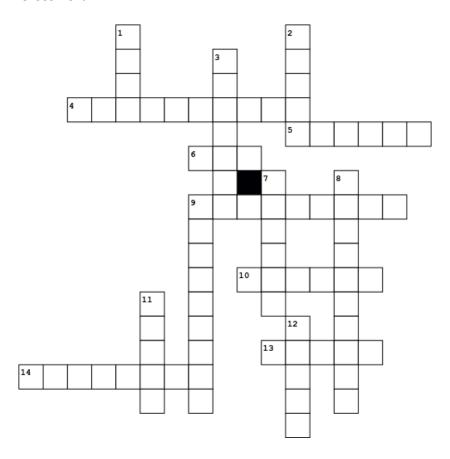






I. swelling at joints, wounds, deformities, pain

#### > Task 4. Crossword



#### **Across**

- 4. abnormal swelling in an animal's body
- **5.** a layer of sticky film that covers the enamel of your teeth
- **6.** the tissue of the jaws that surrounds the bases of the teeth
- 9. malformation
- **10.** a foreign object that somehow enters the eye from the outside

#### **Down**

- 1. a lump in the body
- **2.** the point of connection between the two points
- **3.** small, inflamed, pus-filled, blister-like sore on the skin surface
- **7.** the transparent layer forming the front of the eye









- **13.** one of the hard, white objects in the mouth that are used for biting and chewing
- **14.** relating to breathing with a whistling sound
- **8.** an often painful inflammation of the gums
- 9. the pouring forth a fluid
- **11.** the round opening in the centre of the iris
- **12.** an injury to living tissue caused by a cut, blow, or other impacts
- > Task 5. Video. Cat researchers guide to identifying pain<sup>1</sup>. Watch the video and answer the following questions.
- 1. How is the tool for assessment of acute pain in cats described in the video called?
- 2. What is this tool based on?
- 3. How does the cat's pain expression differ from that of dogs?
- 4. How many grades does the tool have?
- 5. What parts of the body are monitored?
- 6. How does the position of the ears change when the cat feels pain?
- 7. What part of a face can be described as "nice and relaxed and fan-shaped or bunched up intense"?

<sup>&</sup>lt;sup>1</sup> https://www.youtube.com/watch?v=zzMD06kLsig









3. Exam room procedures (recognizing ectoparasites, nail trimming, ear cleaning, bathing animals)

#### **ECTOPARASITES**

#### > Task 1. Word formation.

You will frequently need to detect ectoparasites. These are parasites that are typically (see)
in the animal's coat and are (presence) on it. Frequently, you will come across them when
you do a standard (physician) examination. Scratching, skin blisters, lumps, scabs, skin
scaling or dandruff, or black spots on the skin are often (indicate) of ectoparasitism in
animals. Furthermore, typical is (red) caused by inflammation, hair (lose), or a
lacklustre coat. By using products that are properly (application) or
(administration), the (major) of ectoparasites can be treated or avoided. Keep in mind that
certain medicines need to be (care) monitored by your veterinarian. All parasites cannot
be killed or prevented by a single (produce), but there are a variety of items with
(potency) active ingredients that can help to eradicate (infest) and, as a result, alleviate
the symptoms (bring) on by ectoparasites. Moreover, there are several procedures that
dog and cat owners should follow to prevent (necessary) infestation. These
(inclusion) e.g. checking ears for mites regularly, checking for ticks after spending outside, cleaning
your pet's sleeping area (day), minimizing your pet's (exposition) to other cats
and dogs that might be parasite (carry), and maintaining a parasite-free environment. The
(much) commonly occurring parasites in cats and dogs are fleas, ticks, mites,
(louse), sandflies and mosquitoes.

## FLEAS

> Task 2. Fill in the gaps with the translation of the Czech words in the brackets. The first letters have been given.











$Infestation \ with \ fleas \ is \ t \ p \ (nejroz \'s\'i\'ren \'ej\'s\'i) \ ectoparasite \ complaint \ in \ cats \ and \ dogs.$
Fleas live their whole adult lives on cats or dogs, jumping from one h (hostitel) to the next in
search of b (krev) to eat. After two days of feeding, females begin to l (klást) 20–30 eggs per
day. The rate at which the eggs transform into l (larvy) varies depending on the environment.
Feeding on trash found in c (koberce) and bedding, larvae develop into pupae, which look for
warm, dark places to finish developing into a f (dospělé blechy). F g (Růst blech)
can happen in as little as 14 days u t r (za vhodných podmínek), which are usually
$heat in the summer or indoor heat in an e \ s \ (uzav \check{r}en \acute{y} \ prostor) in the fall or winter. A small$
number of fleas on a pet may g u (zůstat bez povšimnutí) by the owner of many animals, but
typically only 5% of the population of fleas are adults on the animal, with the r (zbývajícími) 95%
being eggs and larvae i t s (v okolí). Due to the high rate of reproduction and s
I (krátká délka života), h i (obrovské zamoření) can quickly grow. For pets that are flea
sensitive or allergic to f s (sliny blech), a simple flea infestation may show up as an increase
in s (škrábání), but severe self-trauma can result in c h (značné vypadávání vlasů),
body sores, and the possibility of subsequent skin diseases. A (chudokrevnost) can result from
severe flea infestations, especially i p a k (u štěňat a psů). Moreover, pets might
contract a variety of ailments from fleas. There are numerous antiparasitic treatments on the market
and pet and environmental care are both necessary for e f c (účinné hubení blech).
Once adult fleas h (vylíhnout), they will be exposed to and destroyed by the treatment on your
pet because cleaning carpets and upholstery at least three times a week has been shown to encourage
I m (zrání larev).

TICKS









#### Task 3. Tick Lifecycle<sup>1</sup>. Watch the video and answer the following questions.

What type of parasites are ticks?

Where do they usually live?

How can ticks find their host?

What do ticks do after they fill up with blood?

What life stages do most ticks go through?

Why do larvae and nymphs require blood?

Why does an adult require blood?

How many eggs can one tick lay?

What does it mean that ticks are "slow feeders"?

What is the recommended method to remove a tick?

What should you do after the tick has been removed



#### Task 4. Match the definitions with the ectoparasites.

LICE	MITES	MOSQUITOS	SANDFLIES	
	small aca	rid arachnids that often	infest animals, plants, and stored foods a	and
include importa	ant disease vec	tors		
	relativ	ely uncommon in dogs a	and cats, perhaps more commonly seen on sr	mall
furries and bird	ls			
	a flyin	g, biting insect found in a	areas where there is a lot of sand	
	a sma	ll flying insect that bites p	people and animals and sucks their blood	

#### **GROOMING**

Task 5. Multiple choice. Choose the correct answer.

<sup>&</sup>lt;sup>1</sup> (https://www.youtube.com/watch?v=0g\_lt0FcQag)











1) Clea	n, pink, and shiny around the canal characterizes a healthy ear.
A) B) C)	hair mucus skin
2) Beca	use the cannot be seen from the outside, black nails can be a little trickier to trim.
В)	nail bed nail swift quick
3) Dogs	s with ears rarely experience ear canal issues.
В)	button lazy pricked
4) The	front nails are frequently than the back nails.
В)	longer sharper and shorter shorter
	e dog touches concrete or asphalt, recently quicked toenails could split open and start to
В)	bleed itch ooze
-	gnails can cause health issues in addition to being ugly. Unattended nails may become so long e foot and pastern's entiresystem disintegrates.
A) B) C)	ligament and liniment skin and foot tendon and bone
7) How	deep down the ear canal should you clean a dog's ear?
A) B) C)	As far as you can go Just rub the outside of the ears Only as far as you can see



8) If using ear powder, should the dog's ear be cleaned before or after?







- A) After
- B) Before
- C) Doesn't matter
- 9) What size of the blade is used if trimming the hair inside the ear canal is necessary?
  - A) depends on the size of the ear
  - B) long
  - C) short
- 10) The ..... time to brush your dog's coat is right after a bath while their hair is wet.
  - A) best
  - B) recommended but not necessary
  - C) worst









#### 4. Pharmacology (drug groups)

#### Drugs

Task 1. Comprehensive reading. Read the article and then try and answer the true or false questions below.

Drugs are chemicals that act on living systems at the chemical (molecular) level. The term "drug" comes from the Anglo-Saxon word *drugan* meaning "to dry". It was first used because dried plants in early times made up the whole *materia medica*. The term has grown with the extension of the materials used in medicine, and at present includes everything used as medicine.

Pharmaceutical drugs (medication or medicine) may be taken to promote healing, cure disease, control or slow the progression of the disease, prevent disease, decrease the risk of complications, increase comfort level or reduce excessive activity in the body. Dispensing of medication is often regulated by governments and comprises more main categories, the most common two being prescription-only medicinal products (POM) and over-the-counter medicinal products (OTC). The first must be prescribed by a licensed medical professional, usually a physician or other registered healthcare professional and cannot be dispensed without a valid medical prescription; the latter is available in pharmacies and some shops without special restrictions. Medications are typically produced by pharmaceutical companies and are often patented to give the developer exclusive rights to produce them.

Apart from pharmaceutical drugs, there are also **recreational drugs** (also known as psychoactive drugs) which are mind-altering chemical substances that are used for non-medicinal, leisure purposes. They affect one's consciousness, cognition, mood and behaviour often resulting in addiction or substance abuse which, in turn, can have a detrimental effect









on the user's physical and mental health. Among the most frequently used recreational drugs, we count alcohol, cannabis, tobacco (nicotine), caffeine products and ecstasy.

- o Drugs are substances that change a person's mental or physical state.
- o The word drug has its origin in the old Latin term drugan.
- Prescription drugs should be always prescribed by a doctor or any other medical professional.
- Dispensing refers to the process of preparing and giving medicine to a named person based on a recipe.
- o Recreational drugs are used to support the psychiatric state of people.
- o A licenced medical practitioner is called a physicist.

#### Drug effects

#### > Task 2. Multiple choice. Choose the correct word, sometimes both are correct.

Generally/Generically, drugs have two kinds of effects: therapeutic/therapeutical effects (positive) and side or adverse effects (mostly negative). The ideal drug for any therapeutic indication/reason would have only beneficial/fundraising therapeutic effects and no side effects, however, there are no such imperfect/perfect drugs, and the best and most commonly used medications have a very high "therapeutic to side effect ratio". Adverse effects can occur as a bilateral/collateral or side effect with some medication or other action/intervention, such as surgery. Thus, responsible drug use becomes an important issue/problem here. Adverse effects, like therapeutic effects of drugs, are a function of dosage or drug levels at the affected/target organs, so they may be avoided or decreased/worsened by lowering the dose and careful selection and consideration of patient variables/variabilities (gender, age, breed, etc.).









# > Task 3. Here are some common adverse effects. match them with their definitions and add the Czech translation.

anaemia, anaphylactic reaction, anorexia, congenital abnormalities, gastrointestinal haemorrhage, constipation, diabetes, diarrhoea, drowsiness, alopecia, hypertension, kidney failure, dyspnea, thrombocytopenia, miscarriage, premature labour, rash, sedation, stillbirth, vomiting

CONDITION	DEFINITION	CZECH
	a deficiency of red blood cells	
	a serious condition where your blood glucose level is too high	
	a severe, potentially life-threatening allergic reaction	
	a spontaneous abortion	
	a state of reduced excitement or anxiety	
	an abnormal change in skin colour or texture	
	an abnormal loss of the appetite for food	
	birth defects	
	gastrointestinal bleeding	
	hair loss	
	hard bowel movements	









high blood pressure	
laboured or difficult breathing	
loose or watery stool	
low platelet count	
perinatal mortality	
preterm birth	
renal failure	
sleepiness	
throwing up	

#### Drug classes

A drug class is a group of medications that may work in the same way, have a similar chemical structure, or are used to treat the same health condition. Each drug can be classified into one or more drug classes e.g. aspirin. Firstly, aspirin can prevent the formation of blood clots by stopping molecules in the blood called platelets from clumping or aggregating; so it belongs to a drug class called anti-platelets or platelet aggregation inhibitors. Secondly, aspirin is used to reduce fever and thus can be included among antipyretic drugs or antipyretics.

#### Task 4. Choose from the listed drug classes and solve the puzzle below.

anaesthetics /ˌænəsˈθetɪks/ anestetika analgesics/painkillers /ˌæn(ə)lˈdʒiːzɪks, -sɪks/ analgetika









anthelminthics	/ˌænθelˈmɪnθɪks/	antiparazitika
antibiotics	/ˌæntɪbaɪˈɒtɪks/	antibiotika
antiemetics	/ˌæntɪɪˈmetɪks/	antiemetika
antifungals	/ˌæntɪˈfʌŋg(ə)ls/	antimykotika
antihistamines	/ˌæntɪˈhɪstəˌmiːnz, -mɪnz/	antihistaminika
antipyretics	/ˌæntɪpaɪˈretɪks/	antipyretika
antivirals	/ˌæntɪˈvaɪrəls/	antivirotika
bronchodilators	/ˈbrɒŋkəʊdaɪˌleɪtəz/	bronchodilatancia
corticosteroids	/ˌkɔːtɪkəʊˈstɪərɔɪds/	kortikosteroidy
laxatives	/ˈlæksətɪvz/	projímadla
non-steroidal anti-inflamma	nesteroidní antirevmatika	
	/ˌnɒnsteˈrɔɪdl ˌæntɪɪnˈflæmət(ə)rɪ d	drʌgz/
sedatives/tranquillizers	/ˈsedətɪvz/ /ˈtræŋkwɪlaɪzə(r)z/	sedativa

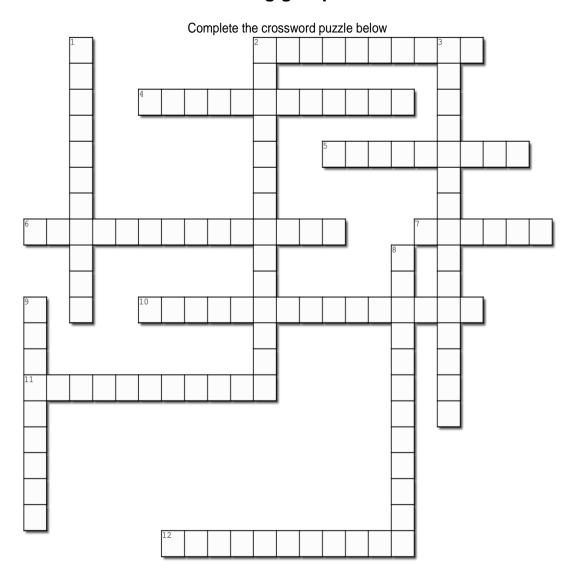








## **Drug groups**



#### **Across**

- 2. medications that relieve different types of pain
- 4. drugs that make the body unable to feel pain
- 5. a type of medicine that can treat constipation 6. drugs used to treat medical conditions caused by an extreme reaction to particular substances 7. a class of medications used to treat pain, fever, and other inflammatory processes
- 10. medications that relax and open the airways
- 11. drugs that prevent or reduce nausea and vomiting

## 12 medicines that kill or stop the growth of fungi

#### **Down**

- 1. medicines that fight bacterial infections
- 2. antiparasitic drugs
- a fast-acting class of drugs that can reduce inflammation and overactive immune system responses
- 8. substances that reduces fever
- 9. drugs having a calming or quieting effect







#### 5. Pharmacology (dosage forms)

#### > Task 1. Word formation.

Medication can come in three basic forms: solid, semi-solid, and liquid. Solids typically include medicines ...... (administer) as tablets (round, oval, rectangular or square), capsules (enclosed inside a hard or soft soluble shell filled with a liquid or solid medication such as powder, micro tablets or pellets), caplets (oval-shaped tablet that is coated to facilitate swallowing), pills, or chewable tablets. The compressed tablet is the most popular dosage form in use today; about two-..... (three) of all ...... (prescribe) are dispensed as solid ...... (dose) forms, and half of ...... (this) are compressed tablets. Semisolids ...... (usual) involve gels, ointments, creams, pastes and lotions. Ointments mostly have fats as a base, like petroleum jelly or lanolin. Creams have ...... (low) amounts of fat than ointments, and also contain water or watery (water) solutions. Lotions have an even larger amount of water than creams, ...... (make) them more liquid. Pastes are ointments that ...... (content) a large number of powdery ...... (add). Gels are fat-free, can be easily spread on the skin and can contain ...... (differ) active ingredients. Liquid dosage forms, often given ...... (oral), deliver medication to the body the ...... (fast) because they move so quickly through the system. They are also the ...... (much) common form of children's medications and the three common forms are syrups, elixirs, and drops. Compared with syrups, elixirs are usually ...... (little) sweet and viscous because they contain a lower ...... (proportionate) of sugar and are ...... (little) effective than syrups in ...... (mask) the taste of medicinal substances.









## > Task 2. Find the words in the text above that match the definitions.

	a small disc or cylinder of a compressed solid substance
••••••	a fatty substance applied to the skin for healing
•••••••••••••••••••••••••••••••••••••••	a soft semisolid of firmer consistency than pap, but soft enough to flow slowly
	and not to retain its shape
••••••	a medicine in the form of a thick liquid containing a sugar solution
••••••	liquid medicine given in very small amounts
••••••	having a thick or sticky consistency
	a mixture of mineral oils and waxes
••••••	a colloid in a more solid form than a sol
••••••	a small soluble container, usually made of gelatin, that encloses a dose of an
	oral medicine
<b>-</b>	2. The solution that falls a first of the solution of the facility.

## > Task 3. Translate the following phrases into English.

sublingvální tableta je zcela rozpuštěna	
nastavit optimální denní dávkování	
frekvence a způsob podání	
rychlejší a efektivnější nástup účinku	
dosáhnout stejné biologické odezvy	
spolknutý zbytek inhalační dávky	
podráždění pokožky a sliznice nosu	
obalované tablety obsahující dvě účinné lá	tky
štěňata užívají jednu lžičku sirupu jednou do	enně
prášek pro přípravu perorální roztoku	
jehla vhodná pro intramuskulární podání	
hormonální léčba pomocí aplikace gelu na	kůži









maximální doba vstřebávání do pokožky	
zaměřené pouze na vnější parazity	

Task 4. Speaking. Speak about the dosage forms using the information below.

#### **ORAL DOSAGE FORMS**

#### **Tablets and boluses**

less popular for animals, time-consuming administration, hazardous, uncertainty about swallowing, spitting out, or dropping from the mouth, the amount of drug needed for a large mammal (i.e. a cow, horse) in mg or g tablet per lb (kg) of body weight, a "bolus" large dosages, administered by a balling gun

### **Capsules**

mainly dogs and cats, vitamin and mineral supplement for cattle, three main treatment areas: nutraceuticals, vitamins and minerals, and antimicrobials

#### **Feed additives**

delivering the active pharmaceutical ingredient (APIs) via the water or food given to animals, either a solid or liquid, sometimes is called a premix

#### **Drinking water medication**

a common form of medicating animals for herd or flock health, the advantage of medicating through drinking water over feed, sick or unhealthy animals drink water, they may not eat

#### Oral pastes and gels

semi-fluid masses, administrartion from a flexible tube, syringe, package, or another specialized dosing device, the advantage - it cannot be expelled from the animal's mouth as readily as a tablet or liquid

#### **PARENTERAL DOSAGE FORMS**

## solutions for injection

a mixture, two or more components, forming homogeneous single phase

#### suspensions for injection









insoluble solid particles dispersed in a liquid medium

#### emulsions for injection

a heterogeneous dispersion of one immiscible liquid in another

#### dry powders for injection

for drugs that cannot be marketed as ready-to-use injectables because of their instability intra-mammary infusions

an antibiotic, into the mammary gland, one of the most effective and commonly used methods, mastitis

#### intra-vaginal delivery systems

widely used, delivering progesterone for estrus synchronization and induction

#### implants

medical devices, replacement or treatment, diseased or damaged tissues in animals, to repair bones that have been fractured or broken, or as artificial joint prosthetics for animals with arthritis

#### **TOPICAL DOSAGE FORMS**

#### **Dusting powders**

a powder used as a desiccant

#### Transdermal delivery gels

several diseases in dogs and cats, i.e.undesirable behaviour, cardiac disease, and hyperthyroidism, applied to the inner surface of the pinnae, ease of administration, especially in cats

#### Creams, ointments, gels and pastes

semi-solid in nature, a film when applied onto the skin, in contact with the skin for a reasonable amount of time, removed or washed off intentionally or unintentionally, percentage of water or fat/oil and consistence

#### Pour-On/Spot-On applications









liquid, an animal's backline, back or rump, fleas and ticks, preferred to flea and tick collars, In cattle, the control of grubs and lice (cattle)

#### Flea and tick collars

companion animals (dogs and cats), in most drugstores, supermarkets, and animal health product centers, ticks and fleas tend concentrate in or migrate through the neck area of the animal, contact the active pesticide on or released by the collar, killed

#### **Dust bags**

dosing - brushing against the bag, walking beside or under it

#### Plunge or Shower dipping

a bath/shower, livestock immersing in liquid pesticide or other treatment









#### 6. Pharmacology (routes of administration)

To ensure the health and welfare of animals, a wide variety of dosage formulations and delivery methods have been created. The variety of species and breeds treated, the wide range in body sizes, the various husbandry techniques, seasonal variations, financial restrictions due to the value of the animal being treated, the persistence of residues in food and fibre, the degree of convenience, and other factors pose challenges when trying to develop drug delivery strategies for veterinary formulations.

#### Task 1. Gap fill. Fill in the gaps with the words from the box.

additives both capsules drawbacks forelimbs granules onset pigs stomach systemic uneven whilst









#### > Task 2. Find the words or phrases in the text that match the definitions below.

The three primary <u>parenteral</u> medication administration routes are intravenous (IV), intramuscular (IM), and subcutaneous (SC), and in each case, the medicine is typically administered via a hollow needle. The time it takes for an IV administration to start working is seconds, but IM and SC injections it may even take minutes. Other parenteral administration methods are intramammary infusions and intravaginal devices given to food animals, progesterone-releasing intravaginal devices (PRIDs), controlled internal drug-release (CIDR) devices utilized for the synchronization of oestrus in sheep, goats, and cattle. Last but not least, implants applied parenterally are available to increase weight gain and feed conversion efficiency in food animals or to enhance reproductive performance in breeding animals.

••••••	the producin	g of offspring	
	large ruminant animals with horns and cloven hoofs, domesticated for meat o		
	milk, or as be	asts of burden	
	to improve th	ne quality, amount, or strength of something	
		domesticated animals of a type commonly raised for human	
		consumption	
	a hardy dom	esticated ruminant mammal that has backward-curving horns and	
	(in the male)	a beard	
	having a hole	or empty space inside	
	a medical de	vice manufactured to replace a missing biological structure,	
	support a da	maged biological structure, or enhance an existing biological	
	structure		
	situated or in	troduced within the mammary tissue	
	a thin, solid,	metal piece with a sharp point at one end	
	a hormone p	roduced in the bodies of female animals which prepares the body	
	to become p	regnant	
		a measure of the speed at which cows get pregnant	
	situated or a	anlied under the skin	









	used effectively
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## > Task 3. Word formation. Fill in the gaps with the proper word form.

The <u>topical</u> route of administration is intended for transdermal (distribute) of
medicinal substances, local (treat) of the skin, and control of external and internal
parasites. Antiseptics, antifungals, anti (inflame) drugs, and skin emollients are
examples of medications (application) to the skin for local effect. A wide range of
topical (form) are used on dogs and cats to control fleas, (louse),
mites, and ticks (spot-on formulations and flea and tick collars). To eliminate or
(reduction) external parasites in food animals, a wide (vary) of topical dose
formulations (pour-on formulations, plunge and shower dip (concentrate) and
administration methods are (employ) (Therapy) substances are also
administered (topical) for systemic (absorb). For example, analgesics
are delivered to the systemic (circle) using transdermal patches.

## > Task 4. Translate the words/phrases in brackets.

<u>Inhaled</u> delivery systems (zahrnují) inhalational anaesthetics that are critical
in management of (anestezie) and inhalational therapy of
(onemocnění dýchacích cest) used to deliver high concentrations of drugs to the
(plíce) while avoiding or minimizing systemic (nežádoucí účinky). A medicine must
be (podána) as an aerosol, either as (pevné částice) or
(kapičky kapaliny) in air, in order to reach the airways. Inhaled medicines have a
(rychlejší nástup) of pharmacologic action than those delivered (perorálně nebo
parenterálně), and (méně dávek) are used, which lowers the risk of
(nežádoucí systémové účinky).









### Task 5. Translate the following sentences into English.

- 1) Oční přípravky se téměř vždy používají pro své lokální účinky.
- 2) Jak se léky podávají zvířatům?
- 3) Pečlivě diagnostikujte a vyhodnoťte stav, pro který lék předepisujete.
- 4) Smí být analgetikum pro lidi legálně používáno u zvířat?
- 5) Můj pes neměl dobrou reakci na antibiotika.
- 6) Jaké jsou rozdíly mezi volně prodejným léčivem pro zvířata a léčivem pro zvířata na předpis?
- 7) Lék proti bolesti pro lidi nemusí být dobrou alternativou k léku proti bolesti schválenému pro zvířata.
- 8) Inzulín se aplikuje pod kůži pomocí malé inzulínové stříkačky s jehlou.
- 9) Pokud je hormonální lék určen pro zvířata určená k produkci potravin (např. dobytek nebo drůbež), musí společnost prokázat, že je bezpečný i pro lidi.
- 10) FDA řadí koně, psy, kočky, skot, prasata, kuřata a krůty mezi sedm hlavních druhů.









#### 8. Animal nursing and assisting

Veterinarian assistants among others provide patients with nursing care in a hospital setting. Understanding what nursing care comprises and what each member of the healthcare team does is crucial. The veterinary health care team should always evaluate a patient's vital functions during the initial check-up. There are currently five vital signs, namely temperature, pulse, respiration, pain and nutrition that every patient needs to be monitored.

#### **BODY TEMPERATURE**

To evaluate a patient's health status, it is essential to know their core body temperature. Changes in body temperature should be watched closely throughout each hospital visit, during surgery or when the pet is under anaesthesia, as they could be an early symptom of metabolic instability. A mercury thermometer, a digital thermometer that runs on batteries, or an electronic probe for longer-term continuous monitoring may be used to take the body temperature rectally. While taking a rectal temperature, do not forget to leave the thermometer in the rectum for two to three minutes and write down the resulting temperature in the medical record. Below are normal ranges for rectal temperatures in common domestic animals:

#### NORMAL RECTAL TEMPERATURE RANGES

SPECIES	°C
Cat	38.1–39.2
Cattle	36.7–39.1
Dog	37.9–39.9
Goat	38.5–39.7
Horse	37.3–38.2
Chicken	40.6–43.0









Pig	38.7–39.8
Rabbit	38.6–40.1
Sheep	38.3–39.9

#### > Task 1. Answer the following questions.

- 1. What are the ways to measure body temperature in animals?
- 2. How long do you leave the rectal thermometer in?
- 3. What is the role of temperature monitoring in anaesthesia?
- 4. What's a normal rectal temp for a horse?
- 5. Which animal species may have the lowest average body temperature?
- 6. Which animal species may have the highest average body temperature?
- 7. By how many degrees Celsius does a dog's body temperature differ from a cat's?

#### **PULSE**

A patient's pulse can be monitored to see how their cardiovascular system is doing. Any artery close to the animal's skin surface can be used to feel the animal's pulse; however, the femoral artery is where the pulse is most frequently felt. Since the human index finger is significantly more sensitive than the thumb, it is advised to use it to feel your pulse. A pulse deficit is a discrepancy between the heartbeat and pulse rate and pulses fall under one of the following categories:

normal	absent	weak	thready	bounding	irregular
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## > Task 2. Match the words from the box with their definitions.

 completely undetectable
 a strong throbbing felt over one of the arteries in the body
 characterized by occasional irregularities such as missed beats
 conforming to a standard
 a scarcely perceptible and commonly rapid pulse that feels like a fine mobile
thread under a palpating finger
 characterized by a diminution in the amplitude (strength) of the pulse

#### **RESPIRATION**

## > Task 3. Word formation.

Another crucial examination that should be (do) on every patient is their
respiratory rate. The number of (breathe) together with the (deep) of
the breath (the volume of air inspired with each breath) should be recorded when the animal
is at rest or as (relax) as possible. While (estimation) the respiratory
rate, (auscultate) of the lungs with a stethoscope is crucial, in the case of the
(Felis) and (Canis) patient, the stethoscope's paediatric head ought to
be utilized. To describe a (respire) function, the healthcare team need to be
familiar with the basic terms. Tachypnoea is a condition that (refer) to rapid
breathing, whereas hyperpnea is the term for taking (deep) breaths than usual,
which (increase) the volume of air in the lungs. Unlike panting (a method of
cooling) after exercise, dyspnoea, or (labour) breathing, is the feeling of not being
able to get enough air into your lungs mostly due to an (underlie) medical condition
or (ill) (Hyperventilate) in animals is (character) by short,
rapid breaths, and it may appear as though your dog is (struggle) to breathe.









## PAIN. 14 CRITICAL SIGNS YOUR DOG IS BEGGING FOR HELP<sup>1</sup>

## > Task 4. Pre-watching exercise. Translate the following phrases into Czech.

a back that hunches or arches	
a bigger concern in puppies	
a distended abdomen	
a sign of thyroid gland issues or stress	
a tell-tale sign that something hurts	
adrenaline surges when something hurts	
bald patches of skin	
breeds with pushed-in faces such as pugs	
bum up, front down and legs rigid	
they crave your attention	
especially bothersome in the morning	
general disinterest in exercise and active pastimes	
gums that have ulcers or an unpleasant odour	
known as kennel cough	
need medical attention	
prone to airway blockages and sinus problems	
sawhorse rigid legs outstretched	
scarf down the entire bowl of food	
steal the unattended sandwich	
the undoing of their grooming habits	
to display odd positions	
to swell after a particularly large meal	
to wreak havoc in the body	

<sup>&</sup>lt;sup>1</sup> https://www.youtube.com/watch?v=5CJTPLlaidw









#### > Task 5. After watching the video, answer the following questions.

- 1) Name all signs of pain in dogs mention in the video.
- 2) Does age affect moodiness in dogs?
- 3) What are the reasons for the lack of appetite in dogs?
- 4) Who tends to hide more for no reason? Cats or dogs?
- 5) How does the prayer position in dogs look like and what can it indicate?
- 6) What disease can be a sign of excessive thirst, frequent drinking and urination?
- 7) Why can a distended abdomen cause breathing difficulties?
- 8) What is the term for natural hair loss in dogs?
- 9) How do dogs groom their coats?
- 10) Under what conditions is arthritis worse?
- 11) How does the pupil react to adrenaline?
- 12) What should healthy gums look like?
- 13) What is the kennel dog?









9.	SURGICAL ASSISTING (INSTRUMENTS)

#### **STERILIZATION**

> Task 1. Gap-fill. Read the text and fill in the gaps with the words from the box below.

adhere along as autoclave cannot contaminated crammed dry duties in latter like load method more penetration placed rinsing should solution there

The preparation of surgical instruments and supplies, as well the sterilization of
items, are your as a veterinarian assistant. The is done by means of a
machine called an that can sterilize equipment and supplies used in the surgery
room. Depending on the size of the and the contents, items are in the
autoclave and sterilized in high-pressure steam at than 121°C for 20–45 minutes.
Loosely packed materials with ensuring the autoclave chamber is not or
packed too tightly will ensure optimum steam Sterile packets should be kept away
from equipment in a place that is dust-free,, and well-ventilated. In
addition to high-temperature sterilisation, is also another, albeit less effective,
which is cold sterilisation. It refers to equipment with a disinfectant.
There are various types of solutions so it is crucial to to the directions on the
container. As sterility be ensured using this technique, tools for cold sterilization
only be used for simple procedures dental work or cuts and tears
the skin. Periodic change of the disinfecting is important.

#### **COMMON SURGICAL INSTRUMENTS**

> Task 2. Match the names of the surgical instrument with their description and add the Czech term for each tool.

English name	Description	Czech
		name









SCALPEL	a sharp instrument used for suturing, puncturing, or	
	guiding ligatures	
	come in many shapes and cutting edges for various	
	applications	
	classified as tapered, cutting, or reverse-cutting	
SCISSORS	many tools that are made to fit through small skin-	
	pierced ports that are comparable to those used in open	
	surgery	
FORCEPS	used for dissection, suturing, or cutting tissue (both large	
	and delicate structures)	
	in straight and curved varieties	
CLAMPS	used for specimen excision, vessel ligation, and visceral	
	anastomosis	
NEEDLE	used to cut tissue and make the initial incision	
	comprises a handle and a blade	
	often identified by its blade number	
SUTURE MATERIAL	used to hold an incision open, hold back tissues or other	
	items to keep the surgery area clear or access additional	
	structures	
RETRACTORS	used to hold things or tissues	
	can have a nontoothed or toothed (serrated) tip	
SUCTION TIPS AND	used to retain tissue, provide hemostasis, or hold items	
TUBES	can be both traumatic and nontraumatic	
STAPLERS AND CLIPS	used to close wounds to your skin or other tissues	
	can be absorbable, non-absorbable, and is available in	
	different sizes	
LAPAROSCOPIC	used to remove debris and fluid from the surgical field	
INSTRUMENTS		









#### **SUTURE MATERIAL**

	$\triangleright$	Task 3.	Translate the	following	sentences	into En	alish.
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- 1) Šicí materiál se pohybuje od nejmenší velikosti 11-0 až po největší 7.
- 2) Většina stehů používaných ve veterinární medicíně spadá do skupiny 5-0 až 2.
- 3) Pokud velikost stehu obsahuje znak číslon 0, vyslovuje se "aught".
- 4) Nitě se vyrábí z několika typů materiálů.
- 5) Šicí materiál může být savý nebo nesavý barevný nebo nebarvený.
- 6) Operační pláště a roušky musí být složeny podle určitého vzoru, aby se daly snadno používat a aby byla zachována sterilita.

#### THE STERILE FIELD AND PREPARING THE SURGERY

#### Task 4. Word formation. Fill in the gaps with the proper word forms.

The space on and (surround) the surgical table is known as the sterile field. The
sterile field can only be (touch) by sterile objects and people who have
thoroughly cleaned (them). Everything sterile loses its (sterile) if
it comes into contact with something non-sterile. The sterile field requires extraordinary
(caution) from any non-sterile (employ). You must be
(care) to avoid touching or reaching over any sterile objects with your body or
your hands. Any time a break in sterility is (detect), the veterinarian should be
informed right away, and precautions must be (take) to (less) the
chance of (add) contamination. Before (enter) the operating









room, you should take off all	(jewel) and nail polish, trim your
(fingernail) short, and pull your long hair back	k out of the way.

#### **DONNING AND DOFFING**

#### > Task 5. In the text below find the words or phrases that match the definitions.

Donning (putting on PPE) involves putting on the required clothing prior to patient contact and must be performed in the following order; hand hygiene (surgical hand scrub), gown, mask or respirator, eye or face protection (goggles or face shield) and gloves. Now, you are ready to enter the patient area. When doffing (or taking off PPE), hand hygiene must be conducted after taking off each item; starting with gloves, eye or face protection, gown and mask or respirator, and hand hygiene immediately after removing all PPE follows. Disposable shoe covers are also a part of PPE because shoes can be a major source of infection.

 designed to be thrown away after you have used it
 a piece of clothing that covers your fingers and hands
 special glasses that protect your eyes
 a long loose piece of clothing that a doctor or patient wears during ar
operation in a hospital
 the practice of keeping yourself and the things around you clean
 a condition in which bacteria or viruses that cause disease have entered
the body
 something that you wear to cover part or all of your face in order to
protect it from something harmful such as poisonous gas, bacteria, or
smoke
 a protective covering for all or part of the face that is commonly made
of clear plastic and is worn especially to prevent injury









#### **SURGERY S-WORDS**

> Task 6. Explain in your own words.
SUTURES

SCRUBBING

**STERILISATION** 

**SURGICAL SCISSORS** 

**SUCTION** 

**SPECIMEN** 

**SCALPEL** 

**SOLUTION** 









10. Surgical assistance (pre	paring the patient;
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#### HAIR REMOVAL

## Task 1. Read the text and find the phrases that match their meaning with those below the text.

The surgical site needs to be prepared after the patient has been put to sleep. There are various steps in this. The surgical site must first be free of hair for several reasons. There are a lot of bacteria in it and it obstructs the correct cleaning of the skin if it enters the tissues under the skin. Moreover, it triggers a reaction similar to a foreign body thus the removal should be neat and symmetrical when possible. There are multiple ways of preparing the surgical site, however, all methods may cause some skin trauma and inflammation so the whole procedure should be neat and symmetrical when possible.

Clipping using a clipper with a #40 surgical blade is very common as it is efficient, relatively atraumatic and associated with the lowest infection rates. Clipping should be carried out against the direction of the hair's growth. This will make removal easier and prevent long stubble from being left behind, which can cause surgical problems and surgical site infections. Applying isopropyl alcohol to the area will make clipping easier, too. The type of surgery being done will frequently determine how much hair is shaved. Two clipper widths in every direction from the surgery site is the basic guideline. In case of doubt, consult the surgeon. Razors leave minimal stubble but often cause multiple lacerations and skin erosions associated with a 10-fold increase in surgical infections and its use is generally not recommended. Sometimes depilatories are employed although they do not work well on animals and may cause frequent skin reactions, especially in cats.

 many germs	 several puncture
 incidence of illnesses	wounds
 extended stiff hairs	 tidy and equal
	 anaesthetized









 with minimal tissue	 the essential
injury	principle
 epidermal abrasions	 causes a response
	 entire process

#### Task 2. Translate the following phrases into English.

poranění a záněty kůže
správné očištění kůže
bez chlupů a nečistot
proti směru růstu chlupů
střihací strojek s chirurgickou čepelí
infekce v místě chirurgického zákroku
poradit se s chirurgem
obecně nedoporučeno
vyvolávat časté kožní reakce

#### **PRELIMINARY SKIN PREPARATION**

#### > Task 3. Word formation. Fill in the gaps with the proper word forms.









Once again, you should perform this in a (circle) motion, beginning in the centre of
the surgical site. To get clean, repeat these instructions three (time) and always check
for any remaining debris. Repeat if necessary until the gauze (remain) completely
free of (vision) debris. After the surgical region has (be) cleansed, a fina
(solve) —typically povidone-iodine—is (give) using a spray bottle to the
surgical site. Never wipe off this solution. This will be (take) out by the surgeon before
making the (incise).

#### **ON A SURGICAL TABLE**

#### > Task 4. Multiple choice. Choose the word which fits the context.

The animal will be transported to the operating *cinema/theatre* after it has been prepared. On the operating table, the patient will be *posed/positioned* in one of three ways: *dorsally/sternally* recumbent (on the belly), dorsally/sternally recumbent (on the back), or *bilaterally/laterally* recumbent (on the side). The position of the patient will depend *about/on* the kind of surgery being *done/made*. The *major/majority* of patients are put in dorsal recumbency because *abdominal/dorsal* surgeries are the most frequently *carried on/performed* procedures. The patient's legs must be *fasted/fastened* once it has been positioned correctly. Most frequently, ties are used to *fix/hold* them to the operating table. The patient's *carpus/corpus* and tarsus are tied off, and the ties are then *ensured/secured* to hooks on the operating table.

#### **POST-SURGICAL PROCEDURES**

Task 5. Open cloze. Read the text below and think of the word that best fits each gap. Use only one word in each gap.

You may ....... assigned some duties after the procedure, once the patient has ......taken off the operating table. They could include keeping an .....on the patient's rehabilitation and cleaning the operating room. You may also be asked ......monitor the patient post-operatively, namely the respiration and heart ....., mucous membrane









colour, capillary refill (CRT), and temperature. The incision site may bleed or enlarge,
whichfurther changes to be aware of. The doctorbe informed right away
any substantial changes or irregularities are noticed in the patient. It is necessary to
analgesic medication to animals who are prone to suffer postoperative pain. Before
anaesthesia recovery, analgesics are first given before or justsurgery to prevent the
onset of post-procedural discomfort. On a planned timetable and/or based on a subjective
evaluation of the animal's level of, more doses of analgesic medication may be
administered. Occasionally, unexpectedeffects connected to surgery or
postoperativehappen. These typically include hypothermia, dehydration, anaesthetic
overdose and swollen inflamed surgical wound, all of which mayin a prolonged
recovery.







11. Radiology (safety measures and guidelines; labelling, filing, and storage of radiographs)

#### RADIOLOGY SAFETY MEASURES AND GUIDELINES

Task 1. Match the headli	nes with the articles.	
1. Age and condition	3. Distance, location and	5. PPE
2. Collimation	time	6. Radiographic log book
	4. Dosimeter badge	
Radiation, though, can be dang	erous. The veterinary assistant n	eeds to be knowledgeable
about a number of safety preca	utions. The veterinary healthcare	e team's and your patients
safety is ensured by adhering to	these safety protocols.	
4		
To help with radiography examir	ations, you must be at least 18 ye	ears old. Radiation harms all
living cells, especially those that	are rapidly developing, like fetus	es, hence pregnant women
should never help in radiographi	c procedures.	
В		
It is crucial to protect yourself	from dangerous rays by using p	rotective clothing like lead
gowns, gloves, collars or thyro	oid shields and safety eyewear	when you are helping a
veterinarian take radiographs.		
C		
This is one of the most efficient	ways to lower exposure. Your o	distance from the source is
inversely correlated with how mu	uch radiation you are exposed to.	Location, such as being next
to, in front of, or behind the i	adiation equipment, may also a	affect exposure. Whenever
possible, shorten the study's dur	ation and distribute the staff's tas	sks among them.









This small device contains a small piece of radiographic film and serves as a highly efficient method to assess radiation exposure. If you are assigned to help out in radiology, it should always be fastened to the outside of your clothing using a pin.

always be fastened to the outside of your clothing using a pin.
<u> </u>
ou will enter the patient's information here, along with the type of radiograph being taken,
the exposure parameters, and the outcome. Thus you will be able to prevent repeats in the
uture by using the log as a reference for earlier diagnostic radiographs.
This reduces scatter to an operator as well as irradiated volume on an animal patient.

#### LABELLING, FILING, AND STORAGE OF RADIOGRAPHS

Radiograph labels are crucial for providing patients with the best care possible. Furthermore, if a legal issue should emerge, you must be equipped with appropriate facts. You should abide by the protocol of the veterinary hospital or clinic where you work. Typically, the radiograph of a patient must be labelled with the following information: the identity of the patient, including the animal's name, breed, age, and gender as well as the owner's last name, the date, and a left or right marker. Having a well-planned, effective system that is simple to use is a good concept for filing. To begin with, each film (regardless of size) shall be kept in its envelope. The envelopes must all be the same size and clearly labelled with the patient's name, the owner's last name, the date, and the type of radiograph. Many factors may contribute to a well-organized filing system. Quite frequently, a system with an alphabetic, numerical, or colour-coded structure will be used. You must ensure that you have the necessary training and are familiar with the hospital's filing procedures.

> Task 2	. Find the words or phrases in the text above that match the definitions.
	a point disputed by parties to a lawsuit
	accept or act in accordance with (a rule, decision, or recommendation)









stock of animals within a species having a distinctive appearance and typically
having been developed by deliberate selection
the male sex or the female sex
a thin skin or membrane
a flat usually paper container
an image produced on a sensitive plate or film by X-rays
orderly and efficient
arranged in the customary order of the letters of a language
the process of learning the skills you need to do a particular job or activity
Task 3. Translate the following phrases into English.
1) každý film musí být uložen ve vlastní obálce
2) dobře porozumět systému archivace
3) napsat přesné údaje o pacientovi na identifikační štítek
4) jméno zvířete, věk, plemeno a pohlaví
5) všechny obálky by měly být stejně velké
6) vést radiografický deník
7) chránit před škodlivými paprsky a zářením
8) nosit ochranný oděv a ochranné brýle



9) účinný způsob hodnocení vystavení záření







## 10) pomáhat při radiografických postupech

## > Task 4. Word formation

VERB	NOUN
adhere	adherence
assist	assistant, assistance
begin	beginning
breed	breed, breeder
develop	development
diagnose	diagnosis
endure	duration
equip	equipment
examine	examination
expose	exposure
hospitalize	hospital, hospitalizaion
maintain	maintenance
proceed	procedure
protect	protection
radiate	radiation
reduce	reduction
repeat	repetition
store	storage
train	training
treat	treatment

### RADIOGRAPHIC POSITIONING TERMINOLOGY

## > Task 5. Match the names of the positions with their definitions and add the Czech translation.

ENGLISH NAME	DEFINITION	CZECH
		NAME









ventral (V)	areas on the head situated toward the nose	
dorsal (D)	body area situated away from the middle or centre of	
	the body	
medial (M)	body area situated toward the back or topline of the	
	body	
lateral (L)	body area situated toward the middle or centre of the	
	body	
cranial (Cr)	body area situated towards the front of the body	
caudal (Cd)	situated away from the point of attachment or origin	
rostral (R)	situated closer to the point of attachment or origin	
palmar (Pa)	situated on the caudal aspect of the front limb, distal	
	to the carpal joint	
plantar (PI)	situated on the caudal aspect of the rear limb, distal	
	to the hock or tarsus joint	
proximal (Pr)	structures or areas situated toward the head	
distal (Di)	structures or areas situated toward the tail	









4.0					
7)	List.	hanacı	a and	not	ACC
12.	Luu	hanasi	u unu	DELI	USS

# > Task 1. Read the introductory paragraph and fill in the gaps with the English translation of the Czech words in the brackets. The first letter has been given.

The term "euthanasia" is used to d (popsat) a way of killing that l (zmírnit) the
animal's suffering before it loses c (vědomí). The term has its c (původ) in two
Greek words; eu, meaning good or right, and thanatos, meaning death. Animal s
(porážka), population control, and h (humánní) killing are distinct from euthanasia
because they are $p$ (provést) for purposes other than protecting an animal from
intractable s (utrpení). The widespread p (praxe) of euthanizing animals is one
that veterinarians f (často) carry out, and due to the s (závažnost) of the deed,
it merits careful consideration. The decision to put healthy animals to sleep when no other
o (možnost) for their care can be found is one of the most $p$ (bolestový)
euthanasia decisions that veterinarians must m (učinit). When working with animal
owners, c (ošetřovatelé), and public health professionals, a veterinarian must be fully
prepared to be open and h (čestný) about the animal's i (onemocnění) and be
aware of all p (případný) alternative care resources.

#### **ETHICAL METHODS OF ANIMAL EUTHANASIA**

#### Task 2. Decide whether the statements are true or false.

In a perfect world, euthanasia methods would quickly induce unconsciousness, followed by cardiac or respiratory arrest and death. This could happen quickly with a method that targets the brain, like a gunshot, or more gradually with a technique that first knocks the animal out, like an anaesthetic overdose. Animals may experience anxiety and discomfort if the loss of motor, respiratory, or cardiac function occurs before the loss of consciousness, as may happen if paralytic drugs are utilized. This is unacceptable. The three primary processes by which









euthanizing agents bring about death are 1) direct depression of neurons required for life function, 2) hypoxia, and 3) physical disruption of brain activity. Since these mechanisms can produce loss of consciousness at various rates, the effectiveness of a given agent or treatment will rely on whether the animal exhibits signs of discomfort before losing consciousness. Loss of consciousness occurs when the brain is no longer aware of its surroundings and so the body stops reacting to the world around it.

- 1. By using euthanasia techniques, unconsciousness should be immediately followed by cardiac or respiratory arrest and death.
- 2. The method based on hitting the brain *is always* accompanied by an overdose of anaesthetic.
- 3. If loss of motor, respiratory, or cardiac function happens *after* the loss of consciousness, animals may feel distressed and discomfort.
- 4. Among the methods inducing death belongs oxygen deficiency.
- 5. Unconsciousness occurs when the body is still responding to its surroundings even though the brain has ceased to be aware of its surroundings.

#### Task 3. Translate the following sentences into English.

- 1) Proces eutanazie by měl minimalizovat nebo zamezit bolesti, úzkosti a strachu před ztrátou vědomí.
- 2) Přípustné metody eutanazie se liší podle druhu, věku a zdravotního stavu zvířete.
- 3) Eutanazie může být pro majitele i veterinární pracovníky trýznivá.
- 4) Vše musí být zvládnuto prostřednictvím otevřeného dialogu, soucitu a dostupnosti zdrojů pro duševní zdraví.









- 5) Zvířecí ostatky nesmí být zlikvidovány před tím, než je potvrzena smrt.
- 6) Zbytky zvířat musí být odstraněny zákonným způsobem, aby nedošlo ke neznečistí zdroje potravin ani životního prostředí.

#### **COMMUNICATION IS KEY**

#### Task 4. Read the text and explain the terms in your own words.

Once the decision is made to euthanize an animal, the owner of the animal must make several other decisions, such as where the euthanasia should be performed, who will be present, what will happen to the body after euthanasia, or how the pet might be memorialized. The key to reducing the stress and terror connected with euthanasia is communication and empathy. To inform the owner of the operation and prevent the unexpected as much as possible, the veterinary healthcare staff should interact with the client. The medical staff should go over every step of the process in detail before the actual euthanasia and prepare the client through open channels of communication and make plans for the unexpected. Each time the euthanasia process is explained to an owner, the following information should be delivered: euthanasia is an overdose of an anaesthetic, the whole process is very fast and completely painless, and the animal may present a few deep gasps and muscle twitches or release their bowels and bladder. If possible, manage all paperwork and finances before the euthanasia so that the owner will be able to leave right away after the procedure and grieve instead of dealing with paperwork. After the necessary preparations are made, every member of the healthcare team must be aware of their roles and responsibilities and carry out their tasks with the utmost professionalism, care, and expertise.

#### **EUTHANASIA**









MEMORIALIZE		
OVERDOSE		
ANAESTHETIC		
MUSCLE TWITCHES		
BOWELS		
BLADDER		
UTMOST		
PAPERWORK		









#### 13. Client Management

When working with clients, it's important to communicate effectively with them and provide the best information available about their pets. Every patient and client should be given the best care possible based on their needs. However, dealing with an angry client can be challenging. It's helpful to understand that there may be an underlying cause for their behaviour, such as a previous issue or stress from getting to the practice. If a client is confrontational, it's best to listen to their complaint, repeat it back to them to show you understand, and then refer it to the appropriate staff member. In most cases, it's best to let a manager, owner, veterinarian, or veterinary technician handle the issue. Remaining calm and professional can help to diffuse the situation until it's properly addressed.

## Task 1. Adjectives. Find the adjectives in the paragraph above that match these definitions.

 feeling or showing strong annoyance, displeasure or hostility
 suitable or fitting for a particular situation or purpose
 able to be used, obtained or accessed
 not showing or feeling nervousness, anger, or other strong emotion
 tending to deal with situations in an aggressive or hostile way
 giving or ready to give help; useful or beneficial
 of great significance or value; crucial or essential
 existing or occurring before in time or order
 relating to or belonging to a profession; showing competence or skill expected of a professional
 existing or situated beneath the surface of something; fundamental o









	veterinary assistant? Think about 5 more and explain why.
•••••	

#### **COMMUNICATION – AN ESSENTIAL SKILL FOR THE VETERINARY ASSISTANT**

> Task 3. Look at the list of basic communication skills and fill them in the table with their definitions.

ACTIVE LISTENING, EMPATHY, CLARITY, NON-VERBAL COMMUNICATION, PATIENCE, INTERPERSONAL SKILLS, PROFESSIONALISM

A good veterinary assistant should maintain a polished and
courteous demeanour at all times, including when dealing with
difficult clients or situations. This includes being punctual,
respectful, and ethical in all interactions.
Clients may be upset or anxious about their pet's health, and a
good veterinary assistant should be able to listen to their
concerns and provide reassurance.
Good communication requires understandable and concise
language. A veterinary assistant should be able to explain
treatment options and procedures in terms that clients can grasp.
These include teamwork, conflict resolution, and the ability to
work well with others, and are important for creating a positive
work environment and ensuring the best care for patients.
This ability helps to build trust and establish a good rapport with
them.
This ability is essential for understanding their needs and
concerns.
This is based on body language and tone of voice, which can
greatly impact how a message is received. A good veterinary









assistant should be aware of their gesticulation and use it to convey empathy and understanding.

# > Task 4. Read the example dialogue between a veterinary assistant and an upset dog owner and fill in the gaps with the proper word forms.

veterinary Assistant. Hi, i ili sorry for the wait, and i understand you are (worry)
about your dog's diabetes. I want to reassure you that we are doing (thing) we can
to take care of your pet. May I ask a few questions about your dog's (healthy)
history?
Dog Owner: Okay, sure.
Veterinary Assistant: Thank you. We will need to check your dog's blood glucose levels to see
how they (respond) to the treatment. Our veterinarian will be with you
(short) to discuss the results of the blood test and (treat) plan options.
In the meantime, is there (thing) else I can assist you with or answer any questions
you may have?
Dog Owner: Can you tell me what are some common symptoms that my dog may experience
with diabetes?
Veterinary Assistant: Sure, common symptoms include (excess) thirst, increased
(urine), (weigh lose), and changes in appetite. If you notice any of
these symptoms, please let us know so we can monitor your dog's condition closely.
Dog Owner: Okay, thank you. I'm sorry for (be) upset earlier. I'm just worried
about my dog.
Veterinary Assistant: I understand (complete). It's normal to feel worried about
your pet's health. We are here to help and support you both. We will keep you updated on
your dog's condition and provide you with (educate) resources to help you better
manage your dog's diabetes.
Dog Owner: Thank you so much. I appreciate your help and (understand).









Veterinary Assistant: You're welcome. If you have any ....... (far) questions or concerns, don't hesitate to ask. We are here to assist you in any way we can.

